

Volunteer Advocates

The Crisis Center's Volunteer Training Program is Certified through the Office of the Attorney General's Sexual Assault Prevention & Crisis Services grant. Volunteer advocates are specially trained to provide direct and support services to survivors of sexual violence, suicide prevention and individuals in general crisis. They are committed individuals who understand and have a desire to help. The Crisis Center is always in need of volunteers. If you are or someone that you know are interested in volunteering for the Center, please call (409) 832-6530 to schedule an appointment for an interview.

"Never Doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has."

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Rape & Suicide Crisis of Southeast Texas, Inc.

*"Helping to Rebuild Hopes,
Dreams and Lives"*

*Crisis Affects Us All At Some
Point In Our Lives*

***24 Hour Crisis Hotlines:
(409) 835-3355
1-800-7-WE CARE***

The Rape and Suicide Crisis of Southeast Texas Inc. is a non-profit social service organization providing information and assistance to individuals and their families of sexual assault, general crisis and suicide prevention/awareness. The agency serves the southeast Texas community through volunteer advocates and staff: Services are free to the community.

Services:

24 Hour Telephone

HOTLINE

(409) 835-3355

1-800-WE-CARE

Advocacy Program

Crisis Intervention/Referral

Medical Accompaniment & Information

Support Groups for Sexual Assault

Community Education &

Public Speaking

Art Therapy

Assistance With Crime Victim's Compensation

Assistance With VINE

Safety Plans

Sexual Assault:

Sexual Assault is any unwanted sexual contact or attention achieved by force, threats, bribes, manipulation, pressure, tricks, or violence. It may be physical or non-physical and includes rape, incest, child molestation and sexual harassment. Sexual assault is a crime of violence, anger, power and control where sex is utilized as a weapon against the victim.

Rape is a form of sexual assault penetration without the victim's consent. It is not only a crime, it is a violent and explosive interruption in a person's life.

Suicide:

Suicide is a PERMANENT solution to a TEMPORARY problem. Although suicide is a frightening subject to many of us, it is a familiar thought to many others.

Warning Signs:

Repeated talk of death/Previous attempts

Making "Final arrangements"

Apathy, unhappiness and hopelessness

Dramatic change in behavior or appearance

Giving away valued possessions

A Significant; Death, Loss, or Failure

Withdrawal from family, friends or social activity

Suicide has no age, sex, ethnic or socio-economic limits. There are a number of emotional states and perceptions that are common to most suicidal persons.

General Crisis:

During a period of crisis a person's habits, coping patterns and defenses are suspended. It is vitally important to assist the person to clarify his/her own feelings that will help in making decisions to eventually resolve the crisis. What are the feelings that a person in crisis is likely to experience?

Anxiety-confusion, distortion, poor judgment, and immobilization of abilities to solve problems.

Helplessness-overwhelming emotions

Ineffective Coping-unable to solve own problems and to have to turn to someone else

Anger-towards someone else or with themselves

Ambivalence-mixed feelings about the situation